Welcome from Reebok Fitness

Thank you for choosing Reebok. Before you get started, please read these instructions carefully. If you experience any difficulties, our support team will be happy to help – or check out our website at reebokfitness.info

Important note:
Consult your doctor before starting any exercise programme. If you feel any sickness, chest pain, dizziness or breathlessness during your training, stop exercising and consult your doctor immediately.

If you have any questions or queries please refer to the troubleshooting guide. If you have any further queries please call or email our customer support team (these details can be found at the foot of this page or on the back of the manual).
Checking The Parts
Before you begin, please check all parts are present and undamaged. If you are missing any parts, please call our Technical Support team on the number at the top of this page.

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>269</td>
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<tr>
<td>221</td>
<td>1</td>
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<tr>
<td>130</td>
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<td>265</td>
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</tr>
<tr>
<td>263</td>
<td>1</td>
</tr>
<tr>
<td>262</td>
<td>1</td>
</tr>
</tbody>
</table>

Blister Pack
- 837 x 4 M10x58x20
- 126 x 6 M8x15x15
- 843 x 6 M4x15mm
- A x 1 5mm
- B x 1 6mm
- C x 1
- E x 1 Silicone Oil
- D x 1
Assembly

Uprights
1. Remove the treadmill from the box.
2. Lift the uprights to the unfolded position and secure using 4 x 805 bolts.
3. Cover with 2 x 221 caps.

You will require:
- 5mm
- 221 x 2
- 837 x 4

Handlebars
4. Push one handlebar (269) into the left hand side of the console support frame.
5. Secure the handlebar using 3 x 126 bolts.
6. Repeat for the right hand handlebar (269).

You will require:
- 5mm
- 269 x 2
- 837 x 4
Assembly
T42 Treadmill
Customer Support 0800 440 2459

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Handle Bar Covers
7. Clip the handlebar covers over the handlebars and secure using 6 x 843 screws.

You will require:

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>843</td>
<td>x 6</td>
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<tr>
<td>265</td>
<td>x 1</td>
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<tr>
<td>264</td>
<td>x 1</td>
</tr>
<tr>
<td>263</td>
<td>x 1</td>
</tr>
<tr>
<td>262</td>
<td>x 1</td>
</tr>
</tbody>
</table>

07

Adjusting The Feet
8. If your treadmill is slightly unbalanced due to uneven floor surfaces, you can adjust the feet to prevent any wobbling. This is done by screwing the feet in or out until the treadmill sits evenly on the floor.

WARNING!
Before using your treadmill, you must set a user ID. Please refer to the computer section for guidance on how to do this.
These instructions are intended to provide important information for use and maintenance of the equipment as well as for your personal safety. Keep this user manual in a safe place for future reference.

WARNING!
This product is made for home use only and tested up to a maximum body weight of 130 kilograms.
RFE International Ltd. assumes no responsibility for personal injury or property damage sustained by or through the use of this equipment. It is the responsibility of the owner to ensure that all users of this equipment are adequately informed of all warnings and precautions.

SCOPE
- Maximum user weight of 130kg.
- This product is designed for physical exercise by adults. This product is not suitable for use by persons under 14 years of age.
- Never allow more than one person on the equipment at a time.

ENVIRONMENT
- Ensure that those present are aware of possible hazards e.g. moveable parts during training.
- Ensure that sufficient space is available to use the product.
- Please ensure that liquids or perspiration are wiped off the product.
- This product is designed to be used and stored indoors. Do not store the product outside, or in damp/dusty environments.
- The product is made for home use only. Warranty and manufacturer’s liability do not extend to any product or damage to the product caused by commercial use.

USER HEALTH
- Consult your doctor before starting any exercise programme to receive advice on the optimal training.
- Ensure the product is on a flat, level surface with at least 0.5m of clear area surrounding the product.
- Incorrect/excessive training can cause health injuries.
- If you feel sickness, chest pain, fits of dizziness or breathlessness during your training, immediately stop the training and consult your doctor.

PRODUCT PREPARATION
- Ensure that training only starts after correct assembly, adjustment and inspection of the product.
- Follow the steps of the assembly instructions carefully.
- Only use suitable tools for assembly and ask for assistance if necessary.
- Only use original Reebok parts as delivered (see checklist).

SAFETY CHECKS (Before Every Use)
- Tighten all adjustable parts to prevent sudden movement while training.
- Tighten all nuts and bolts.
- Check that the tension knob is secure.
- Ensure the product is on a flat, level surface.
- Do not use the product without shoes or with loose shoes.
- Be aware of non-fixed or moving parts whilst mounting or dismounting the product.
- Do not wear loose or poorly fitting clothing that may become trapped in the product.
Functions

Fold
1. Lift the bar at the back of the treadmill (behind the rear roller).
2. Lift the treadmill deck until you hear a click.
   The click will confirm the treadmill deck is locked into its folded position.

Unfold
1. Ensure the castor wheel lock pin is located as per diagram.
2. Push the lever on the underside of the treadmill to lower the deck.
   The soft drop mechanism will assist you with lowering the deck.
   WARNING! Stand to one side whilst the treadmill is lowered.

Transport
1. Fold up the treadmill as per the instructions.
2. Remove the lock pin in the castor wheel.
3. Push the lock pin on the underside of the deck in to allow the treadmill to lower a little.
   WARNING! Stand clear of the lowering deck.
4. Pull the treadmill to desired location (see below).
5. Re-fold the treadmill ensuring both lock pins (underside of deck and castor) are relocated.
Correct Use

We recommend you use your treadmill in the following way:

Warm Up

Warming Up

It is important to warm up before exercising to prepare your body for the workout it is about to do. The first phase of a warm up is to increase your heart rate and get blood pumping around your body faster. Choose an activity which will warm up the same muscles you are going to use during your workout.

1. 5-10 minutes heart raising activity
2. Static stretching
3. Workout

Stretches

Hold each stretch for about 30 seconds. Stretching should not hurt; only stretch your muscles to as far as is comfortable. If you have a tight or previously injured muscle stretch the affected muscle group within the warm up. Do not perform any sudden movements while warming up.

Cool Down

Following your workout you should carry out a cool down. This should gradually bring your heart rate back to a resting level. To do a cool down perform an activity of your choice at a low intensity e.g. a steady 5 minute jog. This should be followed by static stretches, similar to those in the warm up. Again, hold each stretch for 30 seconds.
### Computer Functions:

- **Stop / Enter Button**
- **Increase/Decrease Incline Buttons**
- **Start/Stop Button**
- **Speed Up/Down Buttons**

#### Sleep Mode

If the treadmill is left idle for 3 minutes without receiving any input, the console will enter Sleep Mode. To exit Sleep Mode, press any button.

**To Disable Sleep Mode:**

Pull out the safety key, press and hold the SPEED and buttons. Re-insert the safety key and press SPEED and buttons to switch between “On” or “Off” Sleep Mode. Press to confirm your choice. You will hear a short beep and the changes to your Sleep Mode settings should be implemented with immediate effect.

#### Miles/KM

To change between miles and km, turn the power to the machine on. Insert the safety key and flick it upwards. Press and hold the button. The console will beep once, and KM will flash on the screen. Press to switch between Miles and KM. Press to confirm your choice. One long beep will confirm the changes have been saved.

### WARNING!

During any programme, you can override the speed by pressing SPEED and buttons. You can also override the incline using the INCLINE and buttons.
To set up User information and assign yourself a User ID:

The first time you turn your treadmill on, the following screen will appear:

1. With U1 flashing, use the SPEED up and down buttons to choose your ID (between 1 and 9).
2. Press ▼ to select your ID number.
3. Now, the gender icon will flash. Press SPEED up and down buttons to switch between male and female. Press ▼ to select.
4. The weight value needs to be set next, and a W in the top of the screen indicates this. The default setting is 150lb/68kg and will be flashing. Press SPEED up and down buttons to adjust this value. Pressing ▼ will confirm your choice.
5. Now set the user height (you will see an H in the top of the screen). The default for this is 5’03” or 160cm. Again, use the SPEED up and down buttons to adjust this value, and confirm using the ▼ button.
6. There will now be an A in the top of the screen, indicating user age. The default age is 35, and will be flashing in the centre of the screen. Press the SPEED up and down buttons to adjust this age, and confirm your choice using the ▼ button.

Setting Target Heart Rate:

1. Now set the user Target Heart Rate. There will be a P in the top of the screen and a number flashing. This adjusts according to the age you entered previously. To change this value (it should be 85% of your maximum heart rate) use the SPEED up and down buttons and select your choice using the ▼ button.

To calculate your target heart rate use the following rule:

- Deduct your age from 220 e.g. for a 35 year old person, their maximum heart rate (MHR) is 220-35 = 185 beats per minute
- Decide the percentage of your MHR you want to work at e.g. 85%

As a guide:

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Work Intensity</th>
</tr>
</thead>
<tbody>
<tr>
<td>50-70%</td>
<td>Health/Fat Burning</td>
</tr>
<tr>
<td>70-80%</td>
<td>Fitness/Bodyshaping</td>
</tr>
<tr>
<td>80-90%</td>
<td>High Intensity Performance</td>
</tr>
</tbody>
</table>

- Multiply your maximum heart rate by the percentage value e.g. 185 x 0.85 = 157 bpm

2. You can create up to 9 user profiles, in the same way as above. When the treadmill is switched on, the ID will automatically show the ID of the previous user.
Preset Programmes

Your T4.2 Treadmill has 6 preset programmes:

**Manual Programme**
A programme where you control your workout constraints.

**Interval Incline Programme**
A programme, with 9 level options, where you can perform an interval based workout over various incline levels.

**Interval Speed Programme**
A programme, with 9 level options, where you can perform an interval based workout over various speed levels.

**Weight Loss Programme**
A programme, with 9 level options, giving you a workout at varied inclines and speeds.

**5K/3 Mile Programme**
A programme over either 3 miles or 5km.

**Heart Rate Control**
A programme where the treadmill automatically adjusts the incline and speed of your workout according to your heart rate.

Quick Start
To exercise without any preset programme:

Insert the safety key into the front of the console, and attach to the user’s waistband.

Turn the power on. Press ➤ and the treadmill belt will begin to move.

### Manual Programme (P1)

1. Press 📲.

2. The console will display the following settings:

3. Press ➤ to begin your workout. You can then adjust speed using the SPEED V and A buttons or incline using the INCLINE V and A buttons.
Interval Incline Programme (P2)

1. Press \[ \text{ button.} \]

2. The console will display the following settings:

3. Press \[ \text{ button} \] to begin your workout. You can then adjust speed using the \[ V \] and \[ A \] buttons or incline using the \[ INCLINE \] \[ V \] and \[ A \] buttons.

4. With P1 displayed on the console, press \[ \text{ button.} \]

5. The console will display the following settings (see right).

6. Now, the time will be flashing. The default is 24:00 minutes. Adjust this value using the \[ SPEED \] \[ V \] and \[ A \] buttons and confirm using the \[ \text{ button.} \]

<table>
<thead>
<tr>
<th>Level</th>
<th>Min. Incline</th>
<th>Max. Incline</th>
</tr>
</thead>
<tbody>
<tr>
<td>L1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>L2</td>
<td>1</td>
<td>5</td>
</tr>
<tr>
<td>L3</td>
<td>2</td>
<td>6</td>
</tr>
<tr>
<td>L4</td>
<td>3</td>
<td>7</td>
</tr>
<tr>
<td>L5</td>
<td>4</td>
<td>8</td>
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<tr>
<td>L6</td>
<td>5</td>
<td>9</td>
</tr>
<tr>
<td>L7</td>
<td>6</td>
<td>10</td>
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<tr>
<td>L8</td>
<td>7</td>
<td>11</td>
</tr>
<tr>
<td>L9</td>
<td>8</td>
<td>12</td>
</tr>
</tbody>
</table>

7. Press \[ \text{ button} \] to begin your workout. At the end of the program, the treadmill will automatically display “COOL” and start a 1 minute cool down.

Interval Speed Programme (P3)

1. Press \[ \text{ button.} \]

2. Set your workout level using \[ SPEED \] \[ V \] and \[ A \] buttons to adjust from level 1 to 9. Press the \[ \text{ button.} \] to confirm your choice.

<table>
<thead>
<tr>
<th>Level</th>
<th>Min. Speed</th>
<th>Max. Speed</th>
</tr>
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<tr>
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<td>1.8</td>
<td>3.0</td>
</tr>
<tr>
<td>L2</td>
<td>2.0</td>
<td>3.4</td>
</tr>
<tr>
<td>L3</td>
<td>2.2</td>
<td>3.8</td>
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<tr>
<td>L4</td>
<td>2.4</td>
<td>4.2</td>
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<td>L5</td>
<td>2.6</td>
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<td>L6</td>
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<td>5.0</td>
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<td>L7</td>
<td>3.0</td>
<td>5.4</td>
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<tr>
<td>L8</td>
<td>3.2</td>
<td>5.8</td>
</tr>
<tr>
<td>L9</td>
<td>3.4</td>
<td>6.2</td>
</tr>
</tbody>
</table>

3. The console will display the following settings:

4. Press \[ \text{ button} \] to begin your workout. You can then adjust speed using the \[ SPEED \] \[ V \] and \[ A \] buttons or incline using the \[ INCLINE \] \[ V \] and \[ A \] buttons.

At the end of the programme, the treadmill will automatically display “COOL” and start a 1 minute cool down.
Weight Loss Programme (P4)

1. Press.

2. Set your workout level using SPEED and ▲ buttons.

3. Confirm your level selection using the ▼ button.

<table>
<thead>
<tr>
<th>Level</th>
<th>Min. Speed</th>
<th>Max. Speed</th>
<th>Min. Incline Level</th>
<th>Max. Incline Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>L1</td>
<td>1.6</td>
<td>2.8</td>
<td>0</td>
<td>3</td>
</tr>
<tr>
<td>L2</td>
<td>1.8</td>
<td>3.0</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>L3</td>
<td>2.0</td>
<td>3.2</td>
<td>1</td>
<td>5</td>
</tr>
<tr>
<td>L4</td>
<td>2.2</td>
<td>3.4</td>
<td>1</td>
<td>6</td>
</tr>
<tr>
<td>L5</td>
<td>2.4</td>
<td>3.6</td>
<td>2</td>
<td>7</td>
</tr>
<tr>
<td>L6</td>
<td>2.6</td>
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<td>2</td>
<td>8</td>
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<tr>
<td>L7</td>
<td>2.8</td>
<td>4.0</td>
<td>3</td>
<td>9</td>
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<td>L8</td>
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<td>4.2</td>
<td>3</td>
<td>10</td>
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<td>L9</td>
<td>3.2</td>
<td>4.4</td>
<td>3</td>
<td>11</td>
</tr>
</tbody>
</table>

4. Select the duration of your workout (the default is 24.00 minutes) using the SPEED and ▲ buttons. Confirm your workout time using the ▼ button.

5. Press ▶ to begin your workout.

At the end of the programme, the treadmill will automatically display "COOL" and start a 1 minute cool down.

5K/3 Mile Programme (P5)

1. Press.

2. Press ▶ to begin your workout, where the screen (right) will be displayed as shown.

At the end of the programme, the treadmill will automatically display "COOL" and start a 1 minute cool down.
During the warm up the only buttons that will function are the button to pause the workout or \( \Rightarrow \) to restart. The warm up will continue until your heart rate reaches your target heart rate zone, up to a maximum of 9 minutes. During this time the incline and speed will be adjusted at 30 second intervals to try and get you warmed up to your target heart rate.

If you see a \( P \) flashing in the pulse window, the treadmill is unable to detect your pulse. The computer checks your pulse every 30 seconds and without a reading is unable to alter the speed to ensure you continue working within your target heart rate zone.

If, after 9 minutes you have not reached your target heart rate \( \text{FAIL} \) will show on the screen, and you should review the level setting you selected.

Once the warm up is completed, and your heart rate is at your target level, you will begin the Heart Rate Control Programme. The treadmill will continue to monitor your pulse every 30 seconds. The treadmill will adjust the incline level of your workout to try and keep you working at your target heart rate (between 0 and 15%). If you are running at 15% incline on a given speed, and still not working at your desired heart rate then the speed will increase by 0.5mph or 0.8 km/h at 30 second intervals until you reach your target zone.

**Heart Rate Control Programme (P6)**

1. Press \( \text{♥} \).
2. You will see 60:00 minutes flashing, as the default time. You can adjust this using SPEED \( \text{V} \) and \( \text{A} \) buttons.
3. Press the \( \text{♥} \) to confirm your choice.
4. The screen will now display 3:00 to indicate a 3 minute warm up program, at an initial speed of 2.0 mph. Press \( \Rightarrow \) to begin your warm up. Keep your hands on the pulse sensors at all times during this workout to monitor your pulse correctly.
Improper maintenance could cause damage or shorten the life of your equipment as well as exceeding the warranty coverage.

1. Ensure the running belt lubrication is checked and carried out (when required). This is likely to be every 4 weeks of use, or 20 hours.
2. Check periodically (4 weeks) that the running belt is centered and has not moved to one side. In this instance stop the machine and carry out the belt adjustment (directions in the troubleshooting section).
3. To ensure all components of the machine (including the frame) are in a good condition please ensure any perspiration or dust is wiped clean on a regular basis. This can be done by using a soft, damp cloth. Please don’t use detergents as this may affect the colouring or operation of the components.
4. To ensure correct operation the machine must be stored in a dry, indoor environment at all times.
5. Inspect and tighten all parts of the machine regularly. Any worn parts must be replaced immediately. Pay particular attention to nuts, bolts, screws and washers.
## Diagram 1

<table>
<thead>
<tr>
<th>Parts ID</th>
<th>Description</th>
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<tbody>
<tr>
<td>T42-353</td>
<td>Motor Hood x 1</td>
</tr>
<tr>
<td>T42-354</td>
<td>Motor Cover – Lower x 1</td>
</tr>
<tr>
<td>T42-370</td>
<td>Motor Cover Protect Cushion – Front x 1</td>
</tr>
<tr>
<td>T42-371</td>
<td>Front Motor Hood Decorate Cover – Left x 1</td>
</tr>
<tr>
<td>T42-372</td>
<td>Front motor hood decorate cover – Right x 1</td>
</tr>
<tr>
<td>T42-369</td>
<td>Incline Motor x 1</td>
</tr>
<tr>
<td>T42-306</td>
<td>DC Moto 3 x 1</td>
</tr>
<tr>
<td>T42-307</td>
<td>Driving Belt x 1</td>
</tr>
<tr>
<td>T42-666</td>
<td>230x20xT3.0 Tension Bearing Fix Plate x 1</td>
</tr>
<tr>
<td>T42-310</td>
<td>48x41.5x44xT3.0 Tension Bearing Fix Plate Base x 1</td>
</tr>
<tr>
<td>T42-558</td>
<td>6004 Bearing x 2</td>
</tr>
<tr>
<td>T42-368</td>
<td>OD23x39 Axle x 1</td>
</tr>
<tr>
<td>T42-313</td>
<td>Cushion x 2</td>
</tr>
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<td>T42-362</td>
<td>Rear Elevation Support Tube – Left x 1</td>
</tr>
<tr>
<td>T42-361</td>
<td>Rear Elevation Support Tube – Right x 1</td>
</tr>
<tr>
<td>T42-304</td>
<td>OD3.4xL34 Plastic Bushing x 2</td>
</tr>
<tr>
<td>T42-317</td>
<td>2.0mmx17mmm995mm Spring x 2</td>
</tr>
<tr>
<td>T42-360</td>
<td>R12x8100 T2.5 Rear Elevation Support Tube Fix Plate x 2</td>
</tr>
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<td>T42-359</td>
<td>100.5x30x33 Rear Elevation Support Tube Fix Holder x 2</td>
</tr>
<tr>
<td>T42-320</td>
<td>Rear Transport Wheel Holder x 1</td>
</tr>
<tr>
<td>T42-322</td>
<td>ID8x50x18x20.5 Rear Transport Wheel x 2</td>
</tr>
<tr>
<td>T42-358</td>
<td>8x57 Lock Pin x 2</td>
</tr>
<tr>
<td>T42-357</td>
<td>Soft Drop Shock Holder x 1</td>
</tr>
<tr>
<td>T42-325</td>
<td>Soft Drop Shock x 2</td>
</tr>
<tr>
<td>T42-355</td>
<td>Soft Drop Locker x 1</td>
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<tr>
<td>T42-354</td>
<td>2215x27.2x22 Soft Drop Shock Holder Nylon Cover x 1</td>
</tr>
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<td>T42-334</td>
<td>Spring x 1</td>
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<td>T42-328</td>
<td>Rear Transport Wheel Frame x 1</td>
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<tr>
<td>T42-329</td>
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<td>T42-330</td>
<td>69002Z Bearing x 2</td>
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<tr>
<td>T42-332</td>
<td>Power Switch Board Plate x 1</td>
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<td>T42-332</td>
<td>Power Switch 16A x 1</td>
</tr>
<tr>
<td>T42-333</td>
<td>Power Cord Plug x 1</td>
</tr>
<tr>
<td>T42-365</td>
<td>Electronic Protector 10A x 1</td>
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<td>T42-335</td>
<td>Motor Control Board x 1</td>
</tr>
<tr>
<td>T42-336</td>
<td>Connecting Plate x 1</td>
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<tr>
<td>T42-337</td>
<td>Transformer x 1</td>
</tr>
<tr>
<td>T42-802</td>
<td>M8x15 Allen Head Bolt x 10</td>
</tr>
</tbody>
</table>

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**Customer Support 0800 440 2459**

reebokfitness.info
**Q** How do I lubricate my treadmill deck?

*At the back of the running deck / machine (opposite end to the computer) on each side there are two Allen head bolts. Turn these bolts anticlockwise five full turns to release the belt tension. Lift the edge of the treadmill running belt approximately 30 to 40cm from the front roller. Apply 10ml of silicone oil under the running belt, from front to back and across the width of the running deck. Tighten the bolts five turns, clockwise, to add tension to the belt.*

**WARNING!**

Do not over lubricate the running belt, as this will cause the running belt to slip. After application power your treadmill up to 6mph or 10 Km/h for 5 to 10 minutes. Wipe any excess oil away. If necessary, repeat for a further 10 minutes.

---

**Q** How often should I lubricate my treadmill deck?

*A The running belt has been adjusted properly by the factory. However transportation, uneven flooring or other unpredicted reasons could cause the belt to shift off centre resulting in the belt rubbing with the plastic side rail or end caps and possibly causing damage. To adjust the belt back to its correct position, use the tension bolts at the back of the deck in the following way:

1. If your belt tends to move to the right, rotate the right tension bolt clockwise. We recommend adjustments of 1 circle at a time, and follow with a test. If your belt continues to move to the right, simply adjust the left belt tension bolt by turning it 1 circle counter-clockwise, follow with a test.

2. If your belt tends to move to the left, rotate the left tension bolt clockwise 1 circle at a time, and follow with a test. If the belt continues to move to the left, simply adjust the right tension bolt counterclockwise.

3. If your belt appears to be loose, simply tighten both bolts evenly 1 circle.

4. If it appears tight, simply loosen both bolts evenly 1 circle.

**WARNING!**

Run your Treadmill for 5 – 10 minutes after adjusting the belt.

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**Q** What is the safety key for and where does it go?

*A Switch the power on and insert the safety key. Press the INCLINE DOWN button and STOP button together for 3 seconds. The computer will show MI or KM. Use the SPEED UP / DOWN button to change between the two options. Press ENTER to confirm your selection. There will be a long beep and “SAVE” will be displayed before returning to the start up screen.*

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**Q** I have just ordered my treadmill and there are some parts missing can you help?

*A Yes, if you are missing parts from your new machine these can be ordered on our helpline 0800 440 2459. When you call we will require your full address, the part numbers (you require) from the user manual that and your machine serial number.*

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**Q** How long is my warranty on my treadmill?

*A All Reebok treadmills come with a manufacturers warranty this varies on each machine, this should be printed in your manual, if you have any questions regarding your warranty please don’t hesitate to contact our helpline 0800 440 2459.*

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**Q** My treadmill is out of the warranty can you still help me?

*A Yes we can still help, we have a large network of engineers that cover 98% of the British Isles and can provide replacement parts. For a quote on parts or engineer call out please contact our helpline on 0800 440 2459.*

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**Q** Can I keep my equipment in my garage?

*A We advise to keep the equipment indoors, away from moisture and dust. Do not store the product outside, or in damp or dusty environments.*

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**Q** Is there a maximum user weight for my treadmill?

*A There is a maximum user weight with all our treadmills this varies on each machine, this should be printed in your manual, if you have any questions regarding the user weight, please don’t hesitate to contact our helpline 0800 440 2459.*

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**Q** Why is there a black dust starting to appear under my treadmill?

*A Occasionally a black dust can start to appear under your treadmill this is due to normal wear and tear. You can remove the dust easily with a vacuum cleaner. If you want to keep the dust away from the floor we would recommend for you to place your treadmill on a protective mat.*
Limited Warranty

RFE International Ltd warrants products to be free from defective workmanship and materials, under normal use and service conditions, for the period of 2 years from the date of purchase. Details of these service conditions can be found within the product’s user manual.

In order to validate warranty dates, a proof of purchase is required. This warranty only extends to the original purchaser and will only be covered in the country the machine was purchased.

RFE’s obligation under this warranty is limited to replacing or repairing, at RFE’s discretion, the product through one of its authorised service centres. All repairs for which warranty claims are made must be pre-authorised by RFE.

This warranty does not extend to any defect caused by abuse, misuse, additions, modifications or repairs not provided by an RFE authorised service centre.

Products used for commercial or rental purposes and/or used as store display models are not covered by this warranty. This product is designed for home use.

No other warranty beyond that specifically set forth above is authorised by RFE. RFE is not responsible or liable for indirect, special or consequential damages arising out of or in connection with the use or performance of the product or damages with respect to any economic loss, loss of property, loss of revenues or profits, loss of enjoyment or use, costs of removal, installation or other consequential damages of whatsoever nature.

We advise that your product is kept in a room with a constant environment, preventing your product from being exposed to extremes in temperature, heat, humidity and moisture. Guidance on the correct storage of equipment is contained within the product’s user manual.

PLEASE RETAIN YOUR RECEIPT AS PROOF OF PURCHASE.

Your statutory rights remain unaffected.

Reecycle

Reebok products are recyclable. At the end of its useful life please dispose of this Reebok product correctly and safely at a local refuse site.